

The Center for Mental Health Help, Hope, *and* Healing



Who We Are

The Center for Mental Health is committed to providing the best behavioral healthcare for you and your family, close to home.

We'll help you find solutions that work for you. A better life is possible, and we're here to help.

Our Services

- The Center for Mental Health serves the residents of Delta, Gunnison, Hinsdale, Montrose, Ouray, and San Miguel counties.
- Regardless of your ability to pay for services, please come in and we will help you get the care you need. We accept most forms of insurance as well as Medicaid and Medicare. We also offer self-pay options and rates based on your ability to pay.
- We offer convenient walk-in hours, evening appointments, and teletherapy video appointments.

What We Offer

- Individual Therapy for All Ages
- Group Therapy
- Family Therapy
- Psychiatry
- Substance Use Counseling
- DUI Services
- Psychological Evaluations
- Peer Services
- Medication Management
- Supported Employment Services
- Early Childhood Mental Health Consultation

Call 970.252.3200 to make an appointment or learn about our services.

Crisis Walk-In Center

Our Crisis Walk-In Center in Montrose offers urgent behavioral healthcare 24/7/365.

Services include:

- Walk-In Clinic for all ages
- Crisis Stabilization Unit
- Non-Medical Detox

No insurance is needed to receive our crisis services.

If you or someone you love is experiencing a mental health crisis call 970.252.6220 or visit our Crisis Walk-In Center.



Locations

Call 970.252.3200 to schedule an appointment at these locations, unless otherwise noted.

Crisis Walk-In Center

300 N. Cascade Ave.,
Montrose
970.252.6220

Crested Butte

214 6th St., Suite 4

Delta

107 W. 11th St.

Gunnison

710 N. Taylor St.

Hotchkiss

110 Hotchkiss Ave.

Lake City

700 Henson St.

Montrose

605 E. Miami Rd.

Naturita

421 Adams St.

Norwood

1175 Grand Ave.

Ridgway

177 Sherman St., Suite 103

Telluride

238 E. Colorado Ave., Suite 9

Western Colorado University

Crystal Hall, 970.642.4615

**Are you
experiencing a crisis?
Call 970.252.6220 or
1.844.493.8255 (TALK)
or text TALK
to 38255.**



*A nonprofit serving Delta, Gunnison,
Hinsdale, Montrose, Ouray, and
San Miguel counties.*