

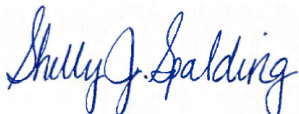
Dear friends and partners of The Center for Mental Health,

Once again, I'd like to thank all of our community partners for your dedication to our communities during this difficult time. We are thankful to work with this incredibly dedicated group of partners. I'd like to share the following updates from The Center for Mental Health:

- We have moved the vast majority of client appointments and groups to secure telephone or video sessions via Zoom. This is the safest way for clients to have access to the services they need while maintaining social distancing or isolation guidelines. This process is going better than expected and feedback has been positive.
- Based on statewide guidelines, our Gunnison, Crested Butte, Telluride and Norwood physical locations are closed to clients. All services, including new client intakes, are continuing via teletherapy.
- Our Crisis Walk-In Center remains open 24/7 for those experiencing behavioral health crises. Our staff has gone above and beyond to make this happen and I appreciate their dedication.
- Today we launched **The Center Support Line** to provide increased behavioral health support to our six-county region. This 24/7 support phone line at 970-252-6220 provides trained mental health staff to support those feeling stressed, anxious or alone during this time of social isolation.
- Recognizing the increased demand for mental health services, our Same Day Access for New Clients remains intact. Instead of in-person intake appointments, we are setting these up using teletherapy. Clients and referrers can call 970-252-3200 to learn more.
- We will continue to provide updates as they become available at www.centermh.org/covid19

Take care and please do your best to stay healthy. We will get through this together.

Sincerely,



Shelly J. Spalding, Chief Executive Officer
The Center for Mental Health